



Children's Menu

The Slieve Bloom Bar

Starters

Fresh Homemade Soup of the Day served with Wholemeal Bread
€ 3.50

Slivers of Melon
With Honey Yoghurt Sorbet and Seasonal Fruit
€ 3.50

Warm Asparagus Spears
With Peppered Low Fat Butter
€ 3.50

Green Apple and Cheddar Cheese Salad with Fruit Dressing
€ 3.50

Main Courses

Penne Pasta
With Lardons of Ham, Parmesan Shavings and Tomato Sauce
€ 7.50

Grilled Homemade Beef Burger
With Cheddar & Tomato salad, and Homemade Fries
€ 8.50

Homemade Chicken Goujons
With Vegetables and New Potatoes
€ 8.50

Fresh Grilled Fish of the Day
With Vegetables, Potato Wedges & Tartar Sauce
€ 8.50

Home Made Pizza
With Plum Tomato, Ham and Mozzarella Cheese
€ 7.50

Chicken Stir Fry
With Peppers, Onions and Egg Noodles
€ 8.50

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Desserts

Selection of Ice Cream with Seasonal Fruit

Fresh Fruit Smoothie with Strawberries

Greek Yoghurt with Compote of Seasonal Fruit

Dark and White Chocolate Mousse with Pineapple Chunks

Strawberry and White Chocolate Ice Cream with Macaroons

€3.50



AN IRISH HOTELS FEDERATION INITIATIVE

The Heritage Golf & Spa Resort is taking part in the Irish Hotels Federations Food for Kids programme, which promotes healthier options for parents. Our menu has been approved by a dietician to ensure we offer a healthy, balanced and tasty choice. If you have any suggestions or special dietary requirements for your child we would be happy to accommodate if possible.

**Please note this is a sample menu & maybe subject to change.*