



THE HERITAGE
HOTEL AND SPA

Refreshment Break Options

Selection of Homemade Cookies, Freshly Brewed Tea & Filtered Coffee

Price: €4.95 per person

Selection of Freshly Baked Pastries, Freshly Brewed Tea & Filtered Coffee

Price: €5.95 per person

Home Baked Scones with Cream and Preserves, Freshly Brewed Tea & Filtered Coffee

Price: €5.95 per person

Warm Ham & Cheese Croissants, Freshly Brewed Tea & Filtered Coffee

Price: €6.95 per person

Bacon & Sausage Baguettes, Freshly Brewed Tea & Filtered Coffee

Price: €8.95 per person

Granola Bars, Fruit Yogurts, Fresh Fruit Platter, Fruit Smoothies, Freshly Brewed Tea & Filtered Coffee

Price: €9.95 per person

Bowl of Fresh Fruit (Size based on Numbers in Attendance)

Price: €2.00 per person



THE HERITAGE
HOTEL AND SPA

Lunch Menu Options

Option One

Homemade Soup of the Day, Selection of Gourmet Sandwiches & Wraps, Chunky Chips, Freshly Brewed Tea & Filtered Coffee

Price: €17.95 per person

Option Two

One – Three Course Sit Down Lunch

In order to create the Lunch Menu for the Group:

Please select **One** Starter from the choices offered

Please select **Two** Main Courses from the choices offered

Please select **One** Dessert from the choices offered

Menu Price:

Three Courses - €34.50 | Two Courses - €28.50 | One Course - €21.95

Starters

Baked Goats Cheese, Red Onion Marmalade & Balsamic Dressing (V)

Smoked Irish Salmon with Mixed Leaves and a Sweet Mustard Dressing

Galia Melon with fresh fruit and Mint Yoghurt

Smoked Chicken Caesar Salad

Cream of Vegetable Soup with Chive Cream

Wild Mushroom Soup with a Chilli Crème Fraiche (V)

Main Courses

Breast of Chicken with Wild Mushroom Cream

Roast Rack of Pork with Brandy and Apple Jus

Mustard Crust Grilled Sirloin of Irish Beef and Thyme Jus

Baked Tranche of Cod with a Mussel and Clam Cassoulet

Supreme of Salmon with a Lemon Beurre Blanc

Spinach and Feta Cheese Parcels with an Oriental Stir fry with a Teriyaki Dressing (V)

(All above served with Chefs Potatoes and Vegetables)

Dessert

Warm Apple Tart with Vanilla Ice Cream

Chocolate Torte with Crème Anglaise

Baileys Cheesecake with Fruit Coulis

Smooth Milk Chocolate Terrine with Crushed Berries

Meringue Nest filled with Mixed Berries and Crème Chantilly

Pear and Almond Tart

Freshly Brewed Coffee and Tea



THE HERITAGE
HOTEL AND SPA

Option Three

One – Two Buffet Lunch

Minimum number of 25, required for a buffet lunch

Menu Price:

Main Course with tea and coffee - €21.95 per person

Two Courses with tea and coffee - €28.50 per person

Hot Buffet Main Course Options

(Please select 2 main courses)

Thai Chicken Curry with Fine Beans, Bean sprouts and served with Braised Basmati Rice

Traditional Irish Stew with New Potatoes and Tarragon

Braised Breast of Chicken with Wild Mushrooms, Basil and Café au lait Sauce

Escalope of Irish Salmon with Spinach and Pumpkin, Port Wine Jus served with Turmeric and Cardoman Scented Rice

West Coast Seafood Cassoulet Flavoured with Dill

Irish Beef Stroganoff with Wild Mushroom and Flat Leaf Parsley, served with Braised Basmati Rice

Served with a Selection of Cold Meats & Salads

Desserts

(Please select 2 desserts)

Vanilla Crème Brulée

Warm Apple Pie

The Heritage Tiramisu

Exotic Fruit Salad

Strawberry Cheesecake

Served with Freshly Brewed Tea & Coffee