

SEVEN

MENU

12PM - 9.30PM

TO START

SOUP OF THE DAY €9

Served with our signature brown soda bread 2,6,10 (wheat)

CREAMY SMOKED HADDOCK VELOUTÉ €11

With celery, onion & garlic pastry straw 2,6,10 (wheat)

THE HERITAGE CAESAR SALAD €13

(ADD CHICKEN €3)

Baby cos, anchovy fillets, crisp serrano, chunky croutons, aged parmesan shavings, toasted pine nuts 2,6,9,10 (wheat),11

CRISPY LOUISIANA CHICKEN WINGS €11

Served with Cashel blue cheese sauce, celery stick 2,12

GRILLED THAI FISH CAKES €12

With our inhouse sweet chilli sauce 2,6,9

WARM FALAFEL & CHESTNUT SALAD €13

With marinated cranberries, orange, mixed baby leaves, mimosas dressing 10 (wheat)

SIGNATURE SANDWICHES

GRILLED TUNA MELT €18

On rustic white, sweet corn, red onion with a whole grain mustard cheddar cheese 2,6,9,10 (wheat),11

THE HERITAGE TOASTED SPECIAL €17

Local cured emo ham, gruyere cheese, marinated tomato, red onion & pepper relish 2,6,10 (wheat)

Our signature sandwiches are served with skin on rustic fries

MAIN COURSES

CRUMBED FRITTO MISTTO €22

Served with spiced chunky tartar sauce, lemon 2,3,6,9,10 (wheat),11

GRILLED ANGUS RIBEYE STEAK €32

Grilled portobello mushroom, fried onion rings, confit cherry tomato, green peppercorn sauce 2,6,10 (wheat)

GRILLED LAOIS ANGUS STEAK BURGER €18

Crisp smoked bacon, beef tomato, aged mature white cheddar, in house relish on a toasted Blaa 2,6,10 (wheat)

SPICED SWEET POTATO BURGER €18

Spiced hummus, avocado & roasted red peppers, rocket 10 (wheat)

All of the above are served with skin on rustic fries

CHORIZO & BABY SPINACH LINGUINI €20

With shaved parmesan sundried tomato, basil pesto, toasted pine nuts 2,6,10 (wheat)

CHICKEN THAI RED CURRY €20 (VEGAN OPTION AVAILABLE)

Coconut & lime scented basmati rice, crisp poppadom 10 (wheat)

SIDES

RUSTIC SKIN ON FRIES €4.50

FRIED ONION RINGS €4.50

STEAMED GREENS €4.50

HEIRLOOM TOMATO SALAD €4.50

CREAMED POTATO 2 €4.50

TO FINISH

**BLUEBERRY BAKED
CHEESECAKE** €9
With blueberry compote, crème
Chantilly 2,6,10 (wheat)

**WARM CARAMEL APPLE &
CINNAMON TURNOVER
CAKE** €9
Salted caramel ice cream 2,6,10 (wheat)

SELECTION OF ICE CREAM €8
Vanilla, chocolate, honeycomb
with a chocolate & roasted
hazelnut soil 2,6,10 (wheat)

LIGHT GOOSEBERRY FOOL €9
Gooseberry compote shortbread
biscuit 2,6,10 (wheat)

VEGAN DESSERTS
AVAILABLE ON REQUEST €9

SPECIALISED COFFEE SELECTION

IRISH COFFEE €9.20
Irish Whiskey, sugar, coffee,
finished with fresh cream

BAILEYS COFFEE €9.20
Baileys Irish Cream, coffee,
finished with fresh cream &
chocolate shavings

CALYPSO COFFEE €9.20
Tia Maria, coffee, finished with
fresh cream

FRENCH COFFEE €9.30
Cognac, sugar, coffee, finished
with fresh cream

JAMAICAN COFFEE €9.00
Dark rum, Coffee, finished with
fresh cream

MEXICAN COFFEE €9.00
Tequila, sugar, coffee, finished
with fresh cream

NOSEWARMER €9.50
Tia Maria, Baileys, Grand Marnier,
Frangelico, Coffee, Finished with
Fresh Cream

Please inform us of any allergies, as our produce may contain some of the following: 1 - Peanuts 2 - Dairy
3 - Shellfish 4 - Sulphites 5 - Tree Nuts 6 - Eggs 7 Soy 8 - Sesame 9 - Fish 10 - Gluten 11 - Mustard 12 - Celery
13 - Molluscs 14 - Lupin

If you have any specific dietary requirements please inform a member of the restaurant team and we will assist you in any way possible.

HERITAGE TEAS & COFFEES

TEA / DECAF TEA	€3.95	LATTE	€3.95
HERBAL TEAS	€3.95	MOCHA	€3.95
ESPRESSO	€3.95	CALYPSO COFFEE	€9.00
DOUBLE ESPRESSO	€4.95	IRISH COFFEE	€9.00
AMERICANO	€3.95	BAILEYS COFFEE	€9.00
CAPPUCCINO	€3.95		

Our Food Philosophy

Our Executive Head Chef Ian Clifford takes pride in the task of sourcing local produce the best County Laois and neighboring counties has to offer. We connect suppliers to work together, and we work hard to ensure it shows on our menus which is your plate! Bringing the best quality food together with a wide range of the highest quality produce means a great dining experience at Blakes in a warm contemporary setting. Local and sustainably produce is our core focus, some of our suppliers include G's jams in Abbyleix, Fran Feigherys Butcher Portlaoise, Ballykilcavan Brewery in Stradbally.

Laois was part of the Kingdom of Ossory until the 12th century.

During that time, the county was divided into seven parts, ruled by the Seven Septs of Laois. The Seven Septs protected and defended Laois for generations, playing a central role in our county's rich heritage. Seven was created in their honour.



O'DEVOY



O'DOWLEY



O'DORAN



O'LALOR



O'KELLY



MCEVOY



O'MOORE

THE
HERITAGE

