

# DINNER

AT THE  
ARLINGTON

THE  
HERITAGE



## STARTERS

<b>SLOW ROASTED EMO PORK BELLY</b> Creamed Butternut Squash, Burnt Apple Purée ②④	€11.95
<b>PAN SEARED GARLIC &amp; CHILI MARINATED PRAWNS</b> Toasted Sour Dough ②③⑥⑩ (Wheat)	€12.95
<b>BABY BEETROOT, GOATS CHEESE</b> Candied walnut & rocket salad ②④⑤ (Walnuts)	€10.95
<b>CASTLETOWNBERE CRAB MEAT &amp; APPLE TIAN</b> Dill Crème Fraiche ②③④	€12.95
<b>SILVERHILL DUCK LIVER PARFAIT</b> Fig Chutney, Brioche Toast, Port Gel ②④⑤⑥⑩ (Wheat)	€11.95
<b>TRADITIONAL FRENCH ONION SOUP</b> Gruyere Cheese Croute ②④⑤⑩ (Wheat)	€8.95
<b>CLONAKILTY BLACK PUDDING</b> Apple Puree, Poached Egg, Raspberry Dressing ②⑤⑥⑩ (Barley, Oats)	€10.95

## MAINS

<b>PAN FRIED FILLET OF NORTH TIPPERARY BEEF</b>	€29.95
<b>PAN FRIED NORTH TIPPERARY RIBEYE</b> Fondant Potato, Roast Cherry Vine Tomato, Béarnaise Sauce ②④⑥	€27.95
<b>ROAST RACK OF LAOIS LAMB</b> Smoked Garlic Mash Potato, Wilted Baby Spinach ②④	€27.95
<b>OVEN BAKED COCONUT AND CASHEW CRUSTED HAKE</b> Thai Yellow Curry Cream ②④⑤ (Cashew Nuts) ⑥⑨⑩ (Wheat)	€21.95
<b>GRILLED FILLETS OF SEA BASS</b> Green Pea & Parma Ham Veloute ②④⑨	€24.95
<b>SILVERHILL CONFIT DUCK LEG</b> Pak Choi & Orange Salad, Ginger & Sesame Jus ②④⑧	€20.95
<b>PAN FRIED SUPREME OF RINGS FARM FREE RANGE CHICKEN</b> Butter Bean & Smoked Bacon Cassoulet ②④	€21.95
<b>THAI GREEN LENTIL CURRY</b> Tempura Mediterranean Vegetables ④	€18.95

## DESSERTS

<b>SALTED CARAMEL &amp; CHOCOLATE TART</b> Rossmore Farm Vanilla Ice Cream Caramelised Peanuts ①② (Peanuts) ④⑥⑩ (Wheat)	€8.95
<b>VANILLA CRÈME BRÛLÉE</b> Raspberry Compote, Sweet Sable Biscuit ②④⑥⑩ (Wheat)	€8.95
<b>HERITAGE BREAD &amp; BUTTER PUDDING</b> Rum & Raisin Ice Cream, Baileys Crème Anglaise ②④⑤⑥⑩ (Wheat)	€8.95
<b>SELECTION OF ROSSMORE FARM ICE CREAM</b> Honeycomb Crumb, Butterscotch Sauce ②⑤ (Pistachio) ⑥	€7.95
<b>MANGO &amp; PASSION FRUIT CHEESE CAKE</b> Chocolate Tuile ②⑤⑥⑩ (Wheat)	€8.95
<b>GLAZED ZESTY LEMON TART</b> Rossmore Farm Raspberry Sorbet ②⑤⑥⑩ (Wheat)	€8.95
<b>SELECTION OF IRISH CHEESE</b> Moss Field Gouda Birr Co Offaly, St Killians Brie Co Wicklow, Cashel Blue Co Tipperary, Durrus Co Cork. Served with Cheese Biscuits, Celery, Red Pepper & Chili Relish, Grapes, Walnuts ②⑤ (Walnuts) ⑥⑩ (Wheat)	€12.95
<b>SELECTION OF LOOSE LEAF TEAS OR HANDCRAFTED COFFEE</b> Served with Smashed chocolate ②⑤ (Pistachio, Hazelnut, Walnuts, Almonds)	€3.95

Each dish contains the attached numbers. Let us know if you have any allergies.

① Peanuts ② Dairy ③ Shellfish ④ Sulphites ⑤ Tree Nuts ⑥ Eggs ⑦ Soy ⑧ Sesame ⑨ Fish ⑩ Gluten ⑪ Mustard ⑫ Celery ⑬ Molluscs ⑭ Lupin

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**FBD HOTELS & RESORTS**