



**THE HERITAGE**  
HOTEL AND SPA

**The Arlington Restaurant**

**SAMPLE 2019 Communion Menu**

**Starter**

**Tian of Irish Smoked Salmon and Avocado**

With a tomato, lime and coriander salsa (2)(9)

**Soup of the Day (2)**

**Heritage Chicken Caesar Salad**

With Aged Parmesan Cheese, Gluten Free Croutons, Crispy Bacon and a Caesar Dressing (2)(5)(6)(9)(10)

**Main Course**

**Roast Sirloin of Irish Beef**

On champ mashed potato, red wine jus (2)(4)

**Seared Chicken Supreme**

Stuffed with baby spinach, and chorizo cream cheese (2)(4)

**Supreme of Salmon with Herb Crust**

With Poached asparagus with a Lemon Beurre Blanc (2)(4)(9)(10)

**Wild Mushroom Ravioli**

With fresh basil and aged parmesan cheese (2)(6)(10)

**Dessert**

**Warm Apple and Mixed Berry Crumble**

With butterscotch sauce, and vanilla ice cream (2)(5)(6)(10)

**Heritage Mess**

Seasonal blackberries, meringue and whipped cream (2)(6)

**Warm Chocolate Brownie**

With raspberry sorbet (2)(5)(6)

**Coffee and Tea**

**Menu Price: €34.50 per person**

**Children €21.00 per child**

**Let us know if you have any allergens,**

(1) Peanuts (2) Dairy (3) Shellfish (4) Sulphites (5) Tree Nuts (6) Eggs (7) Soy  
(8) Sesame (9) Fish (10) Gluten (11) Mustard (12) Celery (13) Molluscs (14) Lupin