

HEALTH CLUB MEMBERSHIP RATES 2020

	6 Months	12 Months (Prepaid)	Direct Debit Available on 12 Month Memberships Only Per Month
Full Peak Membership			
Single	€400	€660	€59
Couple	€720	€1200	€105
Family: 2 Adults & Up to 3 Children (Aged 4- 15yrs)	€1000	€1760	€155
Sub Child <i>(in addition to Family only)</i>	€140	€240	€22
4-15yrs	€200	€300	€27
16-17yrs	€240	€380	€34

Off Peak Membership <i>(Mon – Fri 9am-5pm)</i>			
Single	€250	€430	€38
Couple	€425	€730	€64

Couple: Refers to partners & immediate family living at the same address. **Family.** Refers to two adults & up to 3 children aged 4-15yrs. Immediate family only.
Sub child refers to any additional children on a family membership aged 4-15yrs
Direct Debit The direct debit option consists of a monthly payment through the bank. Adjustments to payments and cancellations can only be made before the end of a month and must be notified to the Club Manager in writing.
16 – 17 Yrs Memberships can only be accepted in addition to an existing Adult membership or new Adult membership.

Health Club Membership Package

- 15 Meter Leisure Pool & Poolside Jacuzzi
- Sauna & Steam Room in Both Ladies & Gents Changing Rooms
- State of the art Technogym Equipped Fitness Suite
- Full Range of Machine & Free Weights
- Fitness Studio. All Classes Are Included in Membership (with the exception of Yoga)
- Indoor Cycling Studio & TRX Training System
- Access of 5K Ground-Lit Outdoor Walking/Jogging Track
- Quarterly Fitness Consultations & Personalised Programmes
- 2 Complimentary P/T Sessions with Annual Membership; 1 PT Session With 6 Months Membership (Not Included in Off Peak Package)
- Access 7 Days Per Week-Full Membership; Mon-Fri 9am-5pm -Off Peak Membership
- 10% Discount On Spa Products & Spa Treatments
- Preferential Members' Rate for The Heritage Spa Experience
- 10% Discount on food menu in Seven and Blakes Restaurant
- All package elements are subject to availability, terms and conditions apply

