

HEALTH CLUB MEMBERSHIP RATES 2021

	6 Months	12 Months (Prepaid)	12 Months Monthly Direct Debit
Full Peak Membership			
Single	€350	€595	€59
Couple	€620	€1080	€105
Family: 2 Adults & Up to 3 Children (Aged 4-15yrs)	€850	€1585	€155
Sub Child (4-15) (in addition to Family only)	€120	€215	€22
4-15yrs	€150	€270	€27
16-17yrs	€200	€345	€34
18-25yrs / Full Time Student	€250	€475	€45
Over 60's Membership (Monday – Sunday)			
Single	€250	€385	€38
Couple	€400	€655	€64
Off Peak Membership (Mon – Fri 9am-5pm)			
Single	€250	€385	€38
Couple	€400	€655	€64

Couple: Refers to partners & immediate family living at the same address.

Family. Refers to two adults & up to 3 children aged 4-15yrs. Immediate family only.

Sub child refers to any additional children on a family membership aged 4-15yrs

Direct Debit The direct debit option consists of a monthly payment through the bank. Adjustments to payments and cancellations can only be made before the end of a month and must be notified to the Club Manager in writing.

16-17yrs Memberships can only be accepted in addition to an existing Adult membership or new Adult membership.

Student Membership: Must provide student card.

18-25yrs: Must provide proof of age/i.d.

Health Club Facilities Include:

- 15 Meter Leisure Pool & Poolside Jacuzzi
- Sauna & Steam Room in Both Ladies & Gents Changing Rooms
- State of the art Technogym Equipped Fitness Suite
- Full Range of Machine & Free Weights
- Fitness Studio. All Classes Are Included in Membership (with the exception of Yoga)
- Indoor Cycling Studio & TRX Training System
- Access of 5K Ground-Lit Outdoor Walking/Jogging Track
- Quarterly Fitness Consultations & Personalised Programmes
- 2 Complimentary P/T Sessions with Annual Membership; 1 PT Session With 6 Months Membership (Not Included in Off Peak Package)
- Access: 7 Days Per Week-Full Membership; Mon-Fri 9am-5pm -Off Peak Membership
- 10% Discount On Spa Products & Spa Treatments
- Preferential Members' Rate for The Heritage Spa Experience
- 10% Discount on food menu in Seven and Blakes Restaurant
- All package elements are subject to availability, terms and conditions apply

