

SEVEN

MENU

SMALL BITES

SOUP OF THE DAY Homemade Brown Bread 2,6,10 (wheat),11	€9
THE HERITAGE SEAFOOD CHOWDER Root Vegetables & Spring Onion 2,4,9,11	€12
KERALA CURRY & MANGO CRISPY CHICKEN WINGS Pickled Red Onion, Citrus Yogurt 2,4,7	€12
GREEN PEA ARANCINI BALLS Garlic Pesto, Chilli Tomato Salsa 2,4,6,10 (wheat)	€12
MACROOMS MOZZARELLA & TOMATO BRUSCHETTA Basil, Rocket, Black Olive 2,6,10 (wheat)	€12

SALADS

LEMON & THYME MARINATED CHICKEN €15

CAESAR SALAD

Aged Parmesan, Crisp Bacon, Garlic Croute, Heritage
Caesar Dressing

2,6,9,10 (wheat)

ROASTED BROCCOLI & BEETROOT SALAD €13

Feta Cheese, Pomegranates, Pickled Red Onion, Hazelnuts,
French Dressing

2,5 (hazelnuts)

SIGNATURE SANDWICHES

OPEN CHICKEN & PARMESAN SANDWICH €15

Roasted Tomato Puree, Smoked Pepper Chutney,
Sourdough Baguette, Rocket, Aged Balsamic

2,4,10 (wheat)

HERITAGE SOUR DOUGH TOASTIE €14

Honey & Rosemary Roast Ham, Gruyere Cheese, Creamy
Mustard Bechamel

(Vegetarian option available)

2,4,10 (wheat)

MAIN COURSES

GRILLED HEREFORD SIRLOIN STEAK Cashel Blue Cheese Stuff Portobello Mushroom, Crispy Onion, Chips, Green Peppercorn Sauce <small>2,4,10 (wheat)</small>	€34
TEMPURA BATTERED HADDOCK Crushed Minted Peas, Chunky Tartar, Charred Lemon, Chips <small>2,6,9,10 (wheat)</small>	€24
CRISP BUTTERMILK CHICKEN WRAP Grilled Courgette & Red Pepper, Sriracha Mayonnaise, Rocket, Chips <small>2,6,10 (wheat)</small>	€22
TIGER PRAWN & SUNDRIED TOMATO LINGUINI Baby Spinach, White Wine, Aged Parmesan, Garlic Bread <small>2,3,4,6,10 (wheat)</small>	€24
GRILLED FEIPHERYS STEAK BURGER Gruyere Cheese, Crispy Onions, Beef Tomato, Rocket Leaves <small>2,6,10 (wheat)</small>	€22
ARDSALAGH GOATS CHEESE TARTLET Pickled Beets, Roasted Mediterranean Veg, Shaved Fennel, Salsa Verde (Vegan option is available) <small>4,10 (wheat)</small>	€19

PIZZA

THE CLASSIC

Heritage Pizza Sauce, Fresh Irish Mozzarella, Aged
Parmesan, Basil

2,6,10 (wheat)

€14.50

SPICED PEPPERONI

Heritage Pizza Sauce, Fresh Irish Mozzarella, Basil, Aged
Parmesan

2,6,10 (wheat)

€16.50

ARDSALAGH GOATS CHEESE

Heritage Pizza Sauce, Caramelized Figs, Red Onion
Marmalade, Wild Rocket, Extra Virgin Olive Oil

2,6,10 (wheat)

€17.50

TO FINISH

WARM SALTED CARAMEL PUDDING Roasted White Chocolate, Glenown Vanilla Ice Cream 2,6	€9
LEMON BAVOUIS Lemon Curd, Raspberry Sorbet, Raspberry Sable 2,6,10 (wheat)	€9
DARK CHOCOLATE MOUSSE Compressed Brownie, Strawberry Gel, Strawberry Soil 2,6	€9
SELECTION OF GLEOWN ICE CREAM Honeycomb, Salted Caramel 2,6	€8
VEGAN CHOCOLATE AND COCONUT TART Vegan Vanilla Ice Cream 5,7 (coconut)	€9

Please inform us of any allergies, as our produce may contain some of the following:
1 - Peanuts 2 - Dairy 3 - Shellfish 4 - Sulphites 5 - Tree Nuts 6 - Eggs 7 - Soy 8 - Sesame
9 - Fish 10 - Gluten 11 - Mustard 12 - Celery 13 - Molluscs 14 - Lupin

If you have any specific dietary requirements please inform a member of the restaurant team and we will assist you in any way possible.

HERITAGE TEAS & COFFEES

TEA / DECAF TEA	€3.50	LATTE	€3.95
HERBAL TEAS	€3.95	MOCHA	€3.95
ESPRESSO	€3.95	CALYPSO COFFEE	€9.00
DOUBLE ESPRESSO	€4.95	IRISH COFFEE	€9.00
AMERICANO	€3.95	BAILEYS COFFEE	€9.00
CAPPUCCINO	€3.95		

Our Food Philosophy

Our Executive Head Chef Ian Clifford takes pride in the task of sourcing the best local produce County Laois and neighbouring counties has to offer. We connect suppliers to work together, and we work hard to ensure it shows on our menus which is your plate! Bringing the best quality food together with a wide range of the highest quality produce means a great dining experience at Seven in a warm contemporary setting. Local and sustainable produce is our core focus, some of our suppliers include G's Jams in Abbeyleix, Fran Feighery's Butcher in Portlaoise and Ballykilcavan Brewery in Stradbally.

Laois was part of the Kingdom of Ossory until the 12th century. During that time, the county was divided into seven parts, ruled by the Seven Septs of Laois. The Seven Septs protected and defended Laois for generations, playing a central role in our county's rich heritage. Seven was created in their honour.



O'DEVOY



O'DOWLEY



O'DORAN



O'LALOR



O'KELLY



MCEVOY



O'MOORE