

SEVEN

MENU

LUNCH MENU 12PM-4.30PM

SMALL BITES

SOUP OF THE SEASON €9
Warm Breads, Whipped Butter with Sea Salt
2,6,10 wheat

HERITAGE BAILEY & KISH SEAFOOD CHOWDER €12
Confit Potato, Carrot, Celery, Onion
2,9,12

HERITAGE HOT CHICKEN WINGS €12
Sesame, Wasabi, Pickles, Blue Cheese Aioli
2,9,12

PARMESAN & TOMATO CROQUETTE €12
Salsa Verde, Saffron Aioli
2,6,10 wheat

SALADS

THE HERITAGE CAESAR SALAD €15
Charred Baby Gem, Confit Pulled Chicken Bonbon, O'Neill's Cured Crispy Bacon, Egg, Classic Caesar Dressing, Crisp Croutons & Aged Parmesan
2,6,9,10 wheat

TOOMSBRIDGE BURRATA SALAD €13.50
Shaved Fennel, Fresh Herbs, Heirloom Tomato, Hazelnut Verde, Edmundbuddy Local Greens
2,5

SIGNATURE SANDWICHES

THE HERITAGE SOURDOUGH TOASTIE €13
Honey & Rosemary Roast Ham, Gruyere Cheese, Creamy Mustard Béchamel, Cheese & Onion Crisps
(Vegetarian Option Available)
2,4,6,10 wheat

HOT PLATES

**BALLYKILCAVAN TEMPURA FISH & TRIPLE
COOKED CHIPS** €24

Pea Puree, Homemade Tartare Sauce, Charred Lemon

2,4,6,9,10 wheat

FEIGHERY'S HEREFORD STEAK BURGER €20

Coughlan's Potato Bun, Crisp Smoked Bacon, Beef Tomato,
Aged Mature White Cheddar, Heritage Relish

2,4,6,10 wheat

AWARD WINNING PORK & BLACK PUDDING €19

GOURMET SAUSAGE

Champ Mash, Caramelised Red Onion Gravy

2, 4, 6, 10 wheat

BAKED BEETROOT & HERITAGE CARROT €19

BURGER

Crispy Meat Free Bacon, Beef Tomato, Coughlan's Vegan
Bun, Heritage Relish

4,10 wheat

SIDES

CRISPY FRIES 4 €5

MASH POTATO 4 €5

ROCKET & PARMESAN SALAD €5

CRISPY SEASONAL GREENS €5

CARMALISED ONIONS & FIELD MUSHROOMS €5

EVENING MENU 5PM-9.30PM

STARTERS

SOUP OF THE SEASON Warm Breads, Whipped Butter with Sea Salt 2, 6, 10 wheat	€9
PARMESAN & TOMATO CROQUETTE Salsa Verde, Saffron Aioli 2, 6, 10 wheat	€12
HERITAGE BAILEY & KISH SEAFOOD CHOWDER Confit Potato, Carrot, Celery, Onion 2, 9, 12	€12
HERITAGE HOT CHICKEN WINGS Sesame, Wasabi, Pickles, Blue Cheese Aioli 2, 9, 12	€12
BLACK ANGUS BEEF CROQUETTE Castlewood Organic Farm Bacon Crumb, Truffle Aioli 2, 6, 10 wheat	€13
PIL PIL PRAWNS Roast Garlic & Herb Focaccia 2, 6, 9	€14

SIDES

CRISPY FRIES 4	€5
MASH POTATO 4	€5
ROCKET & PARMESAN SALAD	€5
CRISPY SEASONAL GREENS	€5
CARMALISED ONIONS & FIELD MUSHROOMS	€5

MAIN COURSES

**BALLYKILCAVAN TEMPURA FISH AND TRIPLE
COOKED CHIPS** €24

Pea Puree, House Made Tartare Sauce, Charred Lemon
2,4,6,9,10 wheat

FEIGHHERYS HEREFORD STEAK BURGER €20

Coughlan's Potato Bun, Crisp Smoked Bacon, Beef Tomato,
Aged Mature White Cheddar, Heritage Relish
2,4,6,10 wheat

**AWARD WINNING PORK & BLACK PUDDING
GOURMET SAUSAGE** €19

Champ Mash, Caramelised Red Onion Gravy
2,4,6,10 wheat

**BAKED BEETROOT & HERITAGE CARROT
BURGER** €19

Crispy Meat Free Bacon, Beef Tomato, Coughlan's Vegan
Bun, Heritage Relish
4,10 wheat

GRILLED AGED HEREFORD SIRLOIN STEAK €36

Caramelised Onions & Field Mushrooms, Tomato, Garlic &
Black Pepper Salsa, Green Peppercorn & Brandy Cream,
Triple Cooked Chips **(€12 Supplement On Package)**
2,4,10

**PULLED HAM HOCK & CRISPY HENS EGG
SALAD** €16.50

Sourdough Toast, Peas, Heritage Garden Mint, Crispy Hens
Egg Lemon & Parsley Dressing
(Vegetarian Option Available)
2,3,5

THAI STYLE KATSU RED CHICKEN CURRY €19

Pak Choi, Charred Baby Corn, Pomegranate & Citrus
Yoghurt, Poppadom with Basmati Rice
(Vegetarian Option Available)
Add Chips €3
10 wheat

BUCATINI PASTA & GARLIC TOAST €17.50

Bacon, Spinach, Chilli & Confit Garlic Cream Sauce
(Vegetarian Option Available)
2,6,10 wheat

TO FINISH

WARM STICKY TOFFEE PUDDING	€9
Caramel Sauce, Vanilla Ice Cream, White Chocolate Crumb 2,6,10 wheat	
CARAMELISED CHOCOLATE & COCONUT CHEESECAKE	€9
Blood Orange Gel, Brown Bread Ice Cream 2,6,10 wheat	
ICE CREAM	€9
Vanilla, Chocolate, Honeycomb Chocolate & Soil, Brandy Snap Tuile, Frozen Dried Raspberry 2,6,10 wheat	
WINTER BERRY ETON MESS	€9
Lemon Curd, Chocolate & Mint Crisp 2,6	

HERITAGE TEAS & COFFEES

TEA / DECAF TEA	€3.50	LATTE	€3.95
HERBAL TEAS	€3.95	MOCHA	€3.95
ESPRESSO	€3.95	CALYPSO COFFEE	€9.00
DOUBLE ESPRESSO	€4.95	IRISH COFFEE	€9.00
AMERICANO	€3.95	BAILEYS COFFEE	€9.00
CAPPUCCINO	€3.95		

MORNING MENU

FULL IRISH BREAKFAST WITH TEA & TOAST 2,6,10 wheat	€18.95
MENU GRILLED BACON & FRIED EGG TOASTED SOURDOUGH 2,6,10 wheat	€10
SMASHED AVOCADO & POACHED EGGS ON TOASTED BROWN SODA BREAD 2,6,10 wheat	€12
HERITAGE EGGS BENEDICT Toasted Muffin, Laois Crispy Bacon, Free Range Poached Eggs, Spring Onion Hollandaise, Watercress Salad 2,6,10 wheat	€14
FREE RANGE OMELETTE Garryhinch Organic Mushrooms, Rocket, Roasted Red Pepper, Toasted Sunflower Seeds, Treacle Brown Bread 2,6,10 wheat	€14
PANCAKE STACK Blueberry, Maple Syrup 2,6,10 wheat	€12
HOMEMADE FRUIT SCONE Clotted Cream, G's Jam 2,6,10 wheat	€5

Please inform us of any allergies, as our produce may contain some of the following:
1 - Peanuts 2 - Dairy 3 - Shellfish 4 - Sulphites 5 - Tree Nuts 6 - Eggs 7 Soy 8 - Sesame
9 - Fish 10 - Gluten 11 - Mustard 12 - Celery 13 - Molluscs 14 - Lupin

If you have any specific dietary requirements please inform a member of the restaurant team and we will assist you in any way possible.

Our Food Philosophy

Our Executive Head Chef Ian Clifford takes pride in the task of sourcing the best local produce County Laois and neighbouring counties has to offer. We connect suppliers to work together, and we work hard to ensure it shows on our menus which is your plate! Bringing the best quality food together with a wide range of the highest quality produce means a great dining experience at Seven in a warm contemporary setting. Local and sustainable produce is our core focus, some of our suppliers include G's Jams in Abbeyleix, Fran Feighery's Butcher in Portlaoise and Ballykilcavan Brewery in Stradbally.

Laois was part of the Kingdom of Ossory until the 12th century. During that time, the county was divided into seven parts, ruled by the Seven Septs of Laois. The Seven Septs protected and defended Laois for generations, playing a central role in our county's rich heritage. Seven was created in their honour.



O'DEVOY



O'DOWLEY



O'DORAN



O'LALOR



O'KELLY



MCEVOY



O'MOORE