

# SEVEN

LUNCH MENU SERVED FROM 12:00-17:00

## LIGHT BITES

### LOADED NACHOS

€15

Tortilla Crisps, Chilli Con Carne, Guacamole, Jalapenos, Melted Cheddar, Sour Cream  
(2, 4, 11, 12)

### CLASSIC CAESAR SALAD

€14.50

Crispy Baby Gem Lettuce, Caesar Dressing, Smoked Bacon Lardons, Croutons, Parmesan Cheese  
(2, 4, 6, 9, 10 (wheat), 11)

ADD CHICKEN €4.50

### SUPERFOOD SALAD

€15.50

Vegan Feta Cheese, Quinoa, Garden Peas, Pomegranates, Guacamole, Shredded Carrot, Toasted Seeds, Lemon Dressing  
(4)

### THE HERITAGE SEAFOOD CHOWDER

€14

Chunky Fish & Mussels served with Homemade Brown Bread  
(2, 4, 9, 13)

### SOUP OF THE DAY

€9

Served with Homemade Brown Bread  
(2, 10 (wheat), 12)

## SANDWICHES & THE HEARTIER SELECTION

### THE HERITAGE REUBEN SANDWICH

€18

Sliced Beef Pastrami & Grilled Hegarty's Farmhouse Cheese, Celeriac Remoulade on Sourdough, Fries  
(2, 4, 6, 10, 12)

### CROQUE MONSIEUR

€18

Sourdough, Gruyère Cheese, Baked Ham, Creamy Mustard Sauce, Fries  
(2, 4, 10 (wheat), 11)

### HADDOCK FILLET IN CRISPY 0.0 GUINNESS BATTER

€25

Crushed Minted Peas, Sauce Tartare & Fries  
(2, 4, 6, 9, 10 (wheat))

### OAK SMOKED SALMON ON BROWN BREAD

€16

The Heritage Brown Bread, Lemon Crème Fraiche, Pickled Red Onion, Caper Berries  
(2, 4, 9, 10 (wheat))

### FEIGHERY'S BUTCHER 8OZ STEAK BURGER

€25

Streaky Bacon, Mature Cheddar, Tomato, Lettuce, Ballymaloe Relish, Fries  
(2, 4, 6, 10 (wheat))

### THAI YELLOW CHICKEN CURRY

€25

Marinated Chicken, Mixed Vegetables, Basmati Rice, Poppadom  
(2, 4)  
Vegetarian option available

### GRILLED PLANT BASED BURGER (VEGAN)

€23

Vegan Brioche Bun, Vegan Cheddar, Lettuce, Tomato, Ballymaloe Relish, Fries  
(4, 10)

## SIDES €6

### FRIES

PARMESAN FRIES (2)

MASHED POTATO (2)

SEASONAL GREENS (2)

GARDEN SALAD (4, 12)

## SWEETS

### CLASSIC PAVLOVA

€11

Fresh Berries, Chantilly Cream, Raspberry Coulis  
(2, 6)

### WHITE CHOCOLATE & RASPBERRY CHEESECAKE

€11

Raspberry Gel, Chantilly Cream  
(2, 6, 10 (wheat))

### STICKY TOFFEE PUDDING

€12

Butterscotch Sauce, Salted Caramel Ice Cream  
(2, 4, 6, 10 (wheat))

### SELECTION OF GLENOVN ICE CREAM

€9

Vanilla, Strawberry, Chocolate  
(2, 6)

Please inform us of any allergies, as our produce may contain some of the following:  
1 - Peanuts 2 - Dairy 3 - Shellfish 4 - Sulphites 5 - Tree Nuts 6 - Eggs 7 - Soy 8 - Sesame 9 - Fish 10 - Gluten  
11 - Mustard 12 - Celery 13 - Molluscs 14 - Lupin

If you have any specific dietary requirements please inform a member of the restaurant team and we will assist you in any way possible.

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