

SEVEN

LUNCH MENU SERVED FROM 12:00-17:00

LIGHT BITES

LOADED NACHOS

€15

Tortilla Crisps, Chilli Con Carne, Guacamole, Jalapeños, Melted Cheddar, Sour Cream

(2, 4, 11, 12)

THE HERITAGE SEAFOOD CHOWDER

€14

Chunky Fish & Mussels served with Homemade Brown Bread

(2, 4, 9, 13)

SOUP OF THE DAY

€9

Served with Homemade Brown Bread

(2, 10 (wheat), 12)

CLASSIC CAESAR SALAD

€14.50

Crispy Baby Gem Lettuce, Caesar Dressing, Smoked Bacon Lardons, Parmesan Cheese

(2, 4, 6, 9, 10 (wheat), 11)

ADD CHICKEN €4.50

THE HERITAGE SUMMER SALAD

€15.50

Vegan Feta Cheese, Watermelon, Pomegranate, Guacamole, Lemon Dressing, Mixed Leaves

(4)

ADD CHICKEN €4.50

SANDWICHES & THE HEARTIER SELECTION

CAPRESE FLATBREAD

€16

Ripe Tomatoes, Buffalo Mozzarella, Basil Pesto Aioli, Aged Balsamic

(2, 4, 10 (Wheat))

BLUEBELL FALLS GOAT'S CHEESE ON SOURDOUGH

€18

Sun-dried Tomatoes, Hummus, Balsamic Onions, Fries

(2, 4, 6, 10, (wheat), 12)

KISH FISH SMOKED SALMON ON BROWN BREAD

€16

Homemade Brown Bread, Lemon Crème Fraîche, Pickled Red Onion, Capers Berries

(2, 4, 9, 10 (wheat))

CROQUE MONSIEUR

€16

Sourdough, Gruyère Cheese, Baked Ham, Creamy Béchamel Sauce, Fries

(2, 4, 10 (wheat), 11)

HADDOCK FILLET IN CRISPY GUINNESS BATTER

€25

Crushed Minted Peas, Sauce Tartare & Fries

(2, 4, 6, 9, 10 (wheat))

FEIGHERY'S BUTCHER 8OZ STEAK BURGER

€25

Streaky Bacon, Mature Cheddar, Lettuce, Tomato, Ballymaloe Relish, Fries

(2, 4, 6, 10 (wheat))

THE HERITAGE CHICKEN BURGER

€25

Buttermilk Chicken Breast, Ruby Slaw, Lettuce, Tomato, Spiced Mango Aioli, Fries

(2, 4, 6, 10 (Wheat))

THAI RED CHICKEN CURRY

€25

Marinated Chicken, Mixed Vegetables, Basmati Rice, Poppadom

(2, 4)

Vegetarian option available

GRILLED PLANT-BASED BURGER

€23

Brioche Bun, Vegan Cheddar, Lettuce, Tomato, Ballymaloe Relish, Fries

(4, 10)

SIDES €6

FRIES

PARMESAN FRIES (2)

MASHED POTATO (2)

SEASONAL GREENS (2)

GARDEN SALAD (4, 12)

LIMONCELLO & LEMON TART

€11

Italian Meringue, Coconut Sorbet

(2, 4, 5 (Almond), 6, 10 (Wheat))

CLASSIC PAVLOVA

€11

Fresh Berries, Chantilly Cream, Raspberry Coulis

(2, 6)

SWEETS

WHITE CHOCOLATE & RASPBERRY CHEESECAKE

€11

Raspberry Gel, Chantilly Cream

(2, 6, 10 (wheat))

SELECTION OF GLENOWN ICE CREAM

€9

Vanilla, Strawberry, Chocolate

(2, 6)

Please inform us of any allergies, as our produce may contain some of the following:
1 - Peanuts 2 - Dairy 3 - Shellfish 4 - Sulphites 5 - Tree Nuts 6 - Eggs 7 - Soy 8 - Sesame 9 - Fish 10 - Gluten
11 - Mustard 12 - Celery 13 - Molluscs 14 - Lupin

If you have any specific dietary requirements please inform a member of the restaurant team and we will assist you in any way possible.

SEVEN

